

MEDICA

Wellness Programme



Nurturing life...



MEDICA *Superspecialty Hospital*
caring for life

ABOUT US

The 500-bed Medica Superspecialty Hospital is one of the largest healthcare units in eastern India. Developed by Medica Synergie Pvt. Ltd., a body of healthcare professionals providing integrated healthcare solutions, the hospital is committed to bringing the best is healthcare to Kolkata. Supported by cutting-edge technology, Medica's highly skilled Clinical team provides the most advanced treatment at a cost affordable to all. Equipped with the largest Critical Care and Dialysis units in eastern India, the hospital has 24x7 Emergency and Ambulance services.

THE NEED FOR HEALTH CHECK-UP

Today's lifestyle revolves around stress, unhealthy eating habits, inadequate rest and high levels of pollution. Research all over the world has proven that it is more economical to invest in preventive healthcare rather than treatment of a disease. This can not only save you a lot of money and distress, but also give you peace of mind - not having to worry about your health.

MEDICA WELLNESS PROGRAMME

Medica's Wellness Programme has been designed with your requirements in mind. The preventive health check-up packages have been prepared to suit the needs of a wide cross section of people across all age groups. The focus is on pinpointing potential areas of risk in order to prevent future health problems.



We offer you a wide range of screening programmes to suit individual needs. This guide will help you choose the package most suited to you and also prepare you for the check-up. We have a health check-up cell to answer your queries and dedicated escorts who will take you through your tests and make you feel comfortable.

Medica Health Check-up Packages

Medica Comprehensive Heart Check	Medica General Health Check (Below 40)	Medica Executive Health Check (40 & Above)	Well Woman	Medica Prostate Package	Medica Health Screening Check
CBC	CBC	CBC	CBC	Urine Culture & Sensitivity	HB, TLC, DLC, ESR
Blood Sugar (F&PP)	Blood Sugar (F&PP)	Blood Sugar (F&PP)	Blood Sugar Fasting	PSA	Blood Sugar (F)
Urea, Creatinine	Urea, Creatinine	Urea, Creatinine	Uric Acid, Urea Creatinine	Prostate Scan with Post Void Urine	Creatinine
Na, K	Lipid Profile	Lipid Profile	Total Cholesterol	Uroflowmetry	Total Cholesterol
Lipid Profile	Liver Function Test	Liver Function Test	TSH	Urologist Consultation	SGPT, Bilirubin
Liver Function Test	Uric Acid	Uric Acid	Urine for Routine Examination		Uric Acid
Blood Group & Rh Typing	Blood Group & Rh Typing	HbA1C	Stool For Routine Examination		Urine R/E
Urine R/E	Urine R/E	Thyroid Profile	X Ray Chest PA		Stool
Stool	Stool	Blood Group & Rh Typing	Mammography		ECG
ECG	ECG	Urine R/E	Usg Pelvis (SCR)		Chest X-ray
TMT	Chest X-ray	Stool	Pap Smear		USG Of Whole Abdomen (SCR)
Echocardiography (SCR)	USG of Whole Abdomen (SCR)	ECG	Dietician Consultation		Dietician Consultation
Chest X-ray	PFT	TMT	Gynaecological Consultation		Physician Consultation
USG of Whole Abdomen	Dietician Consultation	Echocardi Screening	Pap Smear		Consultation with Physical Wellness Expert
PFT	Physician Consultation	Chest X-ray	Consultation with Physical Wellness Expert		Breakfast (Complimentary)
Dietician Consultation	Consultation with Physical Wellness Expert	PFT			
Cardiologist Consultation	Breakfast (Complimentary)	USG of Whole Abdomen (SCR)			
Consultation with Physical Wellness Expert		Dietician Consultation			
Breakfast (Complimentary)		Physician Consultation			
		Pap Smear (only for Females)			
		PSA (only for males)			
		Consultation with Physical Wellness Expert			
		Breakfast (Complimentary)			
TOTAL MRP Rs 9330	TOTAL MRP Rs 6845	TOTAL MRP Female Rs 10100 / Male Rs 10270	Total MRP Rs 5140	Total MRP Rs 3505	Total MRP Rs 3890
FINAL PRICE Rs 4400	FINAL PRICE Rs 3450	FINAL Price Female Rs 5300 / Male Rs 5400	Final Price Rs 2660	Final Price Rs 2000	Final Price Rs 1800

SCHEDULING APPOINTMENTS

- ▶ To avoid inconvenience please take appointment with Health
- ▶ Check-up coordinator (9230089697/ 9230089704)
- ▶ 12-hour fasting is required for all health check-ups. Water can be consumed but please do not take any hot or cold beverage
- ▶ The approximate time required for completing a health check-up is 6 hours
- ▶ In case you want to cancel or postpone the scheduled check-up, please do let us know a day in advance. This will help us make alternative arrangements as per your convenience

SPECIAL PRECAUTIONS

- ▶ Let us know in advance if you are a diabetic/cardiac patient
- ▶ Kindly carry your previous prescriptions and medications (if you are taking any)
- ▶ If you are a diabetic on medication, please take it as per your normal schedule
- ▶ If you are a hypertensive on medication, please consult the health check-up coordinator when you call for appointment
- ▶ If you use contact lenses, please do not wear them on the day of health check-up
- ▶ Men will be required to shave their chest for Treadmill (Stress) Test
- ▶ X-ray to be avoided by pregnant ladies

OTHER SERVICES

- Endocrinology
- Dermatology
- General Surgery
- Imaging Services
- Key Hole Surgery
- General Medicine
- Head & Neck Surgery
- Bariatric Surgery
- Maxillofacial Surgery
- Cancer Medicine
- Gynaecology & Obstetrics
- Paediatrics
- Paediatric Cardiology
- Neonatology
- Rheumatology
- Laboratory Medicine
- Blood Bank
- Psychiatry
- Transfusion Medicine
- Respiratory Medicine
- Plastic Surgery
- Emergency Services
- Trauma Surgery
- Intensive Care Unit
- ENT
- Anaesthesiology
- Rehabilitation Services
- Nutrition and Dietetics
- Telemedicine
- Pharmacy
- Gift cum Book Shop
- Cafeteria

For further information, call:



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Medica (a Class 1 Superspecialty Hospital) is empanelled with West Bengal Health Scheme