

Medica Pain Clinic



Pain is an unpleasant and emotionally disturbing experience. It can trouble any and every individual and can be debilitating in acute phase, for e.g., in any medical or surgical condition, or may slowly transform into a chronic pain status which causes disability, emotional changes, social disturbances and personality disorders adversely affecting personal and family life.

We, at Medica Superspeciality Hospital, are in a process of making constant efforts to make our hospital a 'pain free zone'. Through our active Medica Pain Clinic Services, we have 24X7 hotline number to address any acute and chronic pain arising from surgical or medical conditions. Our team of pain specialists and nurses takes dedicated post operative routine and emergency calls to access, document and relieve all types of pain using programmable and multi rate patient controlled analgesia (PCA) pumps.



Labour and childbirth is a severe painful condition and may be associated with an unpleasant experience and memory. Our pain services ensure 'painless labour' on demand, whenever any laboring mother desires a pain free child birth.

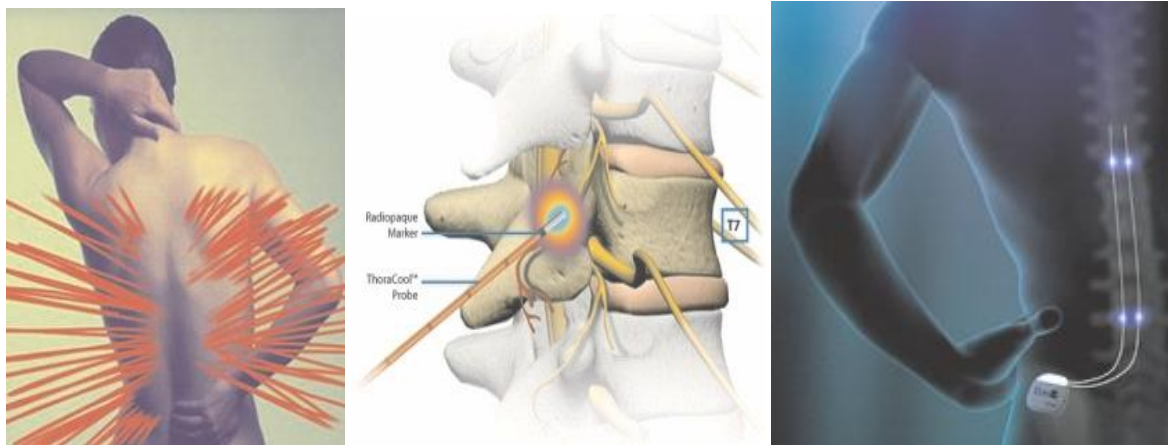
At the **Medica Pain Clinic** we take great care and compassion in treating chronic pain arising out of the following conditions like

- Low back pain
- Spinal stenosis

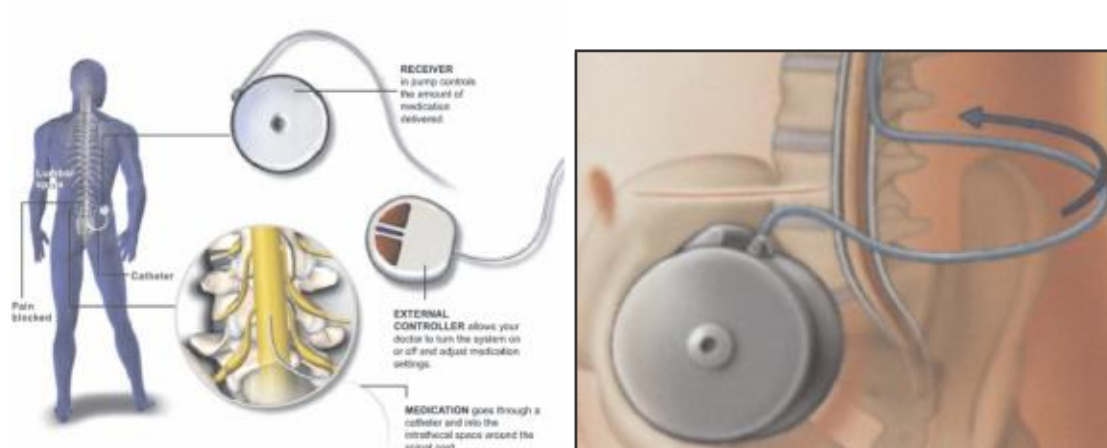
- Vertebral Compression Fractures due to osteoporosis
- Cervical and lumbar facet joint disease
- Sciatica/Radiculopathy ("pinched nerve")
- Sacroiliac joint disease
- Failed back surgery pain (FBSS) / Post-Laminectomy Neuropathic Pain
- Neuropathic (Nerve) pain
- Head pain / Occipital neuralgia (Scalp/head pain)
- Hip pain
- Intercostal neuralgia (Rib pain)
- Peripheral neuropathy (Diabetic nerve pain)
- Complex regional pain syndrome (Reflex Sympathetic Dystrophy - RSD)
- Herniated discs and degenerative disc disease (discogenic pain)
- Neck pain
- Shoulder and knee arthritic pain (osteoarthritis)
- Myofascial (Muscular) pain
- Post surgical pain
- Cancer pain (pancreatic, colorectal, lung, breast, bone)
- Pain from peripheral vascular disease
- Anginal pain (chest pains)
- Post-herpetic neuralgia (shingles pain)
- Nerve entrapment syndromes
- Spasticity related syndromes/ pain
- Spinal Cord Injury (central pain)
- Pelvic pain

- Thoracic outlet syndrome

As chronic pain has both peripheral and central sensitizing components, a well structured pain clinic is required to both assess and treat these complex neural pathways. Advance medications, nerve ablations using chemical sympathectomy and radiofrequency ablations (RFA) are very helpful in long term relief of pain. Advanced modalities like spinal cord stimulation (SCS) and intrathecal pumps are implanted in patients of refractory chronic pain where other modalities have failed.



The Pain clinic at Medica Superspeciality Hospital aims to address patients suffering from various cancer pains through neurolytic blocks of different deeper plexus of the body with medication under CT/USG and C-Arm with close follow-up and advice for end of life care.



The Medica Pain Clinic is intensely backed by a world class team of Rehabilitation, Orthopedic, Neurosurgery, Neurology, Radio diagnosis and Dietetics for a holistic approach to all patients suffering from pain.

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